



Team Building

Middle Childhood



Students progress through a variety of group Team Building tasks that enhance their interpersonal and problem solving skills. These tasks have been developed so students can practise and develop communication, cooperation, trust, conflict resolution and decision making skills in a team environment.

Available at: Bickley, Ern Halliday, Point Walter and Woodman Point. *Ern Halliday and Woodman Point also offer Team Building in a beach environment.*

Challenge considerations: Team land based challenges that require critical thinking.

Duration of program: 90 minutes.

Items required: Enclosed shoes, hat, sunscreen and water bottle.

Focused core shared values:

- Respect and concern for others and their rights.

Students will be encouraged to display sensitivity and concern for the well-being of others in their associated group. Each student will be encouraged to show compassion, respect, understanding, tolerance and equality during team building activities.

- Social and civic Responsibility.

Students will be encouraged to show a commitment to promoting common good and meeting needs without infringing on the rights of others involved. Social responsibility is also encouraged.

Program links:

Team Building allows students to practise and demonstrate the skills listed below. Students may be assessed, however it is important that these skills have been covered in a previous learning program.



Outcome	Skill	Elaboration
Interpersonal Skills	Communicating	In order to formulate strategies to make effective group decisions, students must make clear and reasoned statements to their peers and actively listen to others' ideas during the Team Building program.
	Building and nurturing relationships	Students learn to apply appropriate group behaviours such as being supportive and encouraging when mistakes occur or looking after a team member if they are struggling.
	Preventing and managing conflict	During the program there will be conflicts of ideas and students will need to learn to suspend peer judgements or defend their thoughts in an assertive manner.
	Cooperating and collaborating in groups	Students will need to listen to group members' ideas, discuss options and be responsible for their actions to ensure group goals are met.
	Leading, initiating and facilitating	Students are encouraged to support and encourage others through challenges and/or predicaments by providing advice or suggestions and displaying positive behaviour.
Self-management Skills	Reviewing the situation	After the rules, limitations and elements have been explained students have to decide strategically how they will complete the task. They learn to realise that sometimes they have more than one option to resolve a situation.
	Planning before deciding	After students review all elements that aid in forming a plan, they must discuss options with their peers on how to complete the task. Students should consider their options and each student is encouraged to contribute to the group's decision making process.
	Deciding and acting	Students need to decide and act upon their planned ideas, however they should also learn to recognise the consequences of making the decision.
	Monitoring and evaluating	During and after the program, students evaluate the choices they made during the program and what has affected these choices. They also may have a chance to select another alternative option on a second attempt.
Knowledge and Understandings	Social and emotional well-being	Students learn to realise how support, encouragement and celebrating achievements affects the confidence and harmony of the group, therefore enabling successful outcomes.

Team Building encourages the development of the following Overarching Learning Outcomes:

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