



Orienteering

Middle Childhood

Orienteering is an exploration program in which students search and locate markers in a surrounding area within a set time period. Students are split into groups and given a topographical map to locate markers in a logical order dependent upon allocated points and their location. Students gain valuable experience in map reading skills, team work, verbal communication, collaboration, cooperation, decision making and prioritising.

Available at: Bickley, Ern Halliday and Woodman Point.

Challenge considerations: Team land based challenge.

Duration of program: 90 minutes.

Items required: Enclosed shoes, hat, sunscreen, water bottle.

Focused core shared values:

- Respect and concern for others and their rights.

Students will be encouraged to display sensitivity and concern for the well-being of others in their associated group. Each student will be encouraged to show compassion, respect, understanding, tolerance and equality in the Orienteering program.

- Environmental responsibility.

Whilst searching for markers, students will be encouraged to be considerate of the environment. Students will be asked to use paths and not damage flora and fauna to maintain the sustainability of the environment and capmpsite.

Program links:

Orienteering allows students to practise and demonstrate the skills listed below. Students can be assessed, however it is important that these skills have been covered in a previous learning program.

Outcome	Skill	Elaboration
Interpersonal Skills	Communicating	Students need to make clear and reasonable statements about their ideas and strategies to their peers, whilst also developing active listening skills in order to communicate successfully in the Orienteering program.
	Preventing and managing conflict	During the program there will be conflicts of interest and students will need to learn to suspend negative judgements, negotiate ideas and possibly defend their thoughts in an assertive manner.
	Cooperating and collaborating in groups	Students will need to undertake a specific group role, listen to members of their group and meet a commitment to the group in order to be successful in the Orienteering task.
Self-management Skills	Reviewing the situation	In order to decide strategically which marker to search for, students must consider elements such as terrain, distance, marker points and other teams.
	Planning before deciding	After students review elements that aid in forming a decision, they must plan collaboratively to decide their route option to marker points.
	Deciding and acting	Students need to decide quickly and collaboratively which marker to head towards after they have discussed their route option.
	Monitoring and evaluating	During and after the program, students evaluate the choices they made during the program and what affected these choices.
Skills for Physical Activity	Skills for recreating in the outdoors	Basic navigation and safe practices for being involved in the outdoors are learnt and demonstrated by students.

Orienteering encourages the development of the following Overarching Learning Outcomes:

