



Flying Fox

program resource sheet | Middle Childhood

Flying Fox allows students to traverse at high speed and at height along a steel cable spanning across a set distance (dependent upon camp). Students work in small teams to dismount peers quickly in order to attain as many opportunities as possible on the Flying Fox.

Available at:	Bickley, Ern Halliday, Point Walter and Woodman Point.
Challenge considerations:	Individual challenge at height, group collaboration on the ground.
Duration of program:	90 minutes.
Items required:	Enclosed shoes, knee-length shorts, t-shirt covering midriff and shoulders, sunscreen and water bottle. Long hair must be tied back.
Focused Core Shared Values:	<ul style="list-style-type: none"> Respect and concern for others and their rights.



Program links:

Flying Fox allows students to practise and demonstrate the skills listed below. Students may be assessed, however it is important that these skills have been covered in a previous learning program.

Outcome	Skill	Elaboration
Interpersonal skills	Communicating	Students learn to establish effective communication skills to display empathy and/or provide support and encouragement to others who may find the Flying Fox more challenging.
	Cooperating and collaborating in groups	Each student must meet a commitment to their peers as they work in small groups to aid the traversing student to dismount and bring the fox line back for the next student, ensuring all students have as many turns as possible.
Self-management skills	Understanding emotions	Some students will find the Flying Fox mentally challenging and will therefore learn more about their personal level of emotions. Students will also begin to realise that others have different levels of stress to their own.
	Managing emotions	Students will learn to adopt basic strategies to manage their personal emotions and develop skills to support and encourage others who may be affected by the challenge.
Knowledge and understandings	Social and emotional well-being	Achievements are celebrated during and after the program as students acknowledge the effect the Flying Fox may have on themselves or peers. Achievements are celebrated to develop students' self-confidence in attempting future challenges.

Flying Fox encourages the development of the following Overarching Learning Outcomes:

