



Archery

program resource sheet | Early Adolescence

Archery is a challenging recreational program that tests students' aim and patience. Using re-curve bows, students shoot for 'Olympic-style' bullseye targets and develop their technique. Students will learn the different parts of the bow and arrow and will be shown the correct procedures and techniques for loading and releasing.

Available at:	Ern Halliday, Point Walter and Woodman Point.
Challenge considerations:	Individual land challenge that requires both fine and gross motor skills.
Duration of program:	90 minutes.
Items required:	Enclosed shoes, hat, sunscreen and water bottle.
Focused Core Shared Values:	<ul style="list-style-type: none"> Social and civic responsibility.



Program links:

Archery allows students to practise and demonstrate the skills listed below. Students may be assessed, however it is important that these skills have been covered in a previous learning program.

Outcome	Skill	Elaboration
Interpersonal skills	Communication	Students are encouraged to provide feedback to their peers after monitoring and evaluating performance. Students will have to actively listen to feedback and effectively communicate their thoughts in a manner that is positive to their peers' performance.
	Leading, initiating and facilitating	Students are encouraged to take leadership responsibilities by supporting others with skill development and support and encouraging others to promote positive performance outcomes.
Self-management skills	Monitoring and evaluating	Students learn ways to monitor and evaluate their own and peers' Archery performance based on the technique taught by the instructor in order to be more successful at the various challenges and competitions.
	Managing emotions	When providing feedback to peers, students learn the value of being supportive and encouraging and limiting value-laden judgements as they affect peers' confidence in performance.
Skills for physical activity	Skills for recreating in the outdoors	Students will learn the basic skills and techniques to effectively shoot a re-curve bow and arrow to an 'Olympic -style' target.
Knowledge and understandings	Ways to keep healthier and safer	Archery can be potentially harmful, therefore students are asked to develop and introduce risk management practices to enjoy a safe Archery experience.
	Learning physical activities	Students learn, practice and/or develop ways to assist others in improving a specific skill, supporting others in a team-oriented environment and understanding the rules and protocols in Archery.

Archery encourages the development of the following Overarching Learning Outcomes:

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