



Advanced Orienteering

program resource sheet | Early Adolescence

Advanced Orienteering is an expanded version of the current Orienteering program. Students learn to work with a compass to map out several tracks through the camp grounds. The tracks used in this class are more challenging than the tracks used for the basic program. It is recommended that students have prior knowledge of map reading and an understanding of how a compass works before participating in this activity.

Available at:	Ern Halliday.
Challenge considerations:	Team land-based challenge.
Duration of program:	90 minutes.
Items required:	Enclosed shoes, hat, sunscreen and water bottle.
Focused Core Shared Values:	<ul style="list-style-type: none"> Respect and concern for others and their rights. Environmental responsibility.



Program links:

Orienteering allows students to practise and demonstrate the skills listed below. Students can be assessed, however it is important that these skills have been covered in a previous learning program.

Outcome	Skill	Elaboration
Interpersonal skills	Communicating	To be effective in this program, students must learn, practise and apply effective communication skills within their group when discussing and planning their route.
	Preventing and managing conflict	Students will need to negotiate their ideas, use assertiveness skills and learn to suspend negative judgements in order to minimise conflict and ensure success in the program.
	Leading, initiating and facilitating	Students must support and encourage others, promote effectiveness and make decisions that affect others.
Self-management skills	Reviewing the situation	Students have to decide their route by reviewing elements such as clues, terrain, distance and time.
	Planning before deciding	After students review elements that aid in forming a decision, they must plan collaboratively to decide which way to travel to their next marker.
	Deciding and acting	Students need to collaboratively decide on a possible route to the next marker after discussing the various route options.
	Monitoring and evaluating	During and after the program, students evaluate the choices made during the program and what affected these choices.
Skills for physical activity	Skills for recreating in the outdoors	Navigation skills and safety practices for being involved in the outdoors are learnt and practised by students for their safety and success in the Advanced Orienteering program.

Advanced Orienteering encourages the development of the following Overarching Learning Outcomes:

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