

# English

## SO YOU WANT TO JOIN A SPORTS CLUB?

### Tips for newly-arrived young people who want to join a sports club.

Sport is an integral part of Australia's way of life. Sport provides a range of physical, mental and social benefits. It provides an opportunity to improve your health and fitness, meet new people and develop friendships.

For newly-arrived young people, participating in sport provides an opportunity to be a part of Australian society and to find a safe place to develop and strengthen your English skills.

### Choosing a sport

There are many different sports to choose from. Some of the most popular sports are:

- Australian Rules Football (AFL)
- Football (Soccer)
- Basketball
- Netball
- Rugby
- Volleyball
- Cricket
- Tennis

### Finding a club

The above sports are all structured sports which means that they are governed by a State Sporting Association (SSA). The SSA supports local clubs through organising competitions, programs and events. Most sports belong to an SSA and they can provide you with information about clubs in your area, or see the Department of Sport and Recreation's on-line directory to find a club in your area, <http://www.dsr.wa.gov.au/index.php?id=49>

If you can't find what you are looking for through the SSA or the website, contact your local council and ask to speak to a Recreation Officer. The Recreation Officer is aware of all of the sporting grounds and clubs in the local area and will be able to give you contact numbers for clubs.



Department of  
**Sport and Recreation**

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Building stronger, healthier,  
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## Joining a club

Once you have the details for a club in your area, phone them to find out some important information before you decide to join. You may want to ask:

- Can I still play even if I have never played before?
- Can I come and try a session before I decide if I want to join?
- What time does training start and finish?
- When are the training sessions?
- Where is the training ground?
- When and where are games played?
- What equipment do I need to participate?
- How much does it cost to play?
- What does the membership fee cover?
- Are there extra costs for uniforms?
- When are registration days?

Once you have all the information you need and you decide joining the club is right for you, then the next step is to register. This is done through the club. If needed, you should ask for help to complete the paperwork.

When all of this is done the next step is to put on your sporting gear and have fun.

## USEFUL CONTACTS

### State Sporting Associations

<b>West Australian Football Commission Inc (AFL)</b> 9381 5599 <a href="http://www.wafootball.com.au">www.wafootball.com.au</a>	<b>Football West (Soccer)</b> 9422 6900 <a href="http://www.footballwest.com.au">www.footballwest.com.au</a>
<b>Basketball WA</b> 9284 0555 <a href="http://www.basketballwa.asn.au">www.basketballwa.asn.au</a>	<b>WA Netball</b> 9380 3700 <a href="http://www.netballwa.com.au">www.netballwa.com.au</a>
<b>West Australian Rugby League Ltd</b> 9228 9275 <a href="http://www.warugbyleague.com.au">www.warugbyleague.com.au</a>	<b>Volleyball WA</b> 9228 8522 <a href="http://www.volleyballwa.com.au">www.volleyballwa.com.au</a>
<b>West Australian Cricket Association Inc</b> 9265 7222 <a href="http://www.waca.com.au">www.waca.com.au</a>	<b>Tennis West</b> 9361 1112 <a href="http://www.tennis.com.au">www.tennis.com.au</a>

<b>Department of Sport and Recreation WA (DSR)</b> 246 Vincent Street Leederville WA 6007 Phone: 08 9492 9700 Fax: 08 9492 9711 Email: <a href="mailto:info@dsr.wa.gov.au">info@dsr.wa.gov.au</a> Web: <a href="http://www.dsr.wa.gov.au">www.dsr.wa.gov.au</a>	<b>Office of Multicultural Interests (OMI)</b> 26th Floor, 197 St Georges Tce Perth WA 6000 Phone: 08 9222 8800 Fax: 08 9222 8801 Web: <a href="http://www.omi.wa.gov.au">www.omi.wa.gov.au</a>
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### Acknowledgement:

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